Dax van Aalten was born in Clearwater, Florida in 1973. Van Aalten works predominantly in the medium of painting, but also works with sculpture and photography.

Van Aalten moved from Tennessee to Los Angeles in 1995 and exhibited with Cannibal Flower, an underground art movement as well as other galleries.

Van Aalten moved to New York City in 2002 where he lived and worked until 2013. Now, once again a Tennessean, van Aalten maintains a studio east of Nashville in the Cookeville area.

He has had solo shows in New York City at Hansel and Gretel Picture Garden and Pocket Utopia, as well as several group shows including Gallery Zurcher in Paris, France. Van Aalten was a Fellows in Residence at the Virginia Center for Creative Arts in 2014. Van Aalten had a solo show with The Red Arrow Gallery in Nashville in a satellite space in 2017 in Nashville. Van Aalten will have a solo exhibit at The Red Arrow Gallery in 2018.